TYLER'S TAKEAWAYS

Here are some quick, everyday tips you can use to keep yourself and your family safe from online scams and threat actors!

- Use strong passwords and use different passwords for each website
- Consider using a password manager
- Use antivirus software (Norton/Lifelock or McAfee)
- Use the highest privacy and security settings (including multi factor authentication) on all devices
- Think before clicking and posting—if in doubt, don't do it
- Check email addresses for inconsistencies
- Log out of websites when you're done
- Avoid using a public Wi-Fi connections
- Use a credit card, not a debit card
- Freeze your credit

Protectseniors.com

- Great resource for articles, guidance, research
- Real, meaningful assistance

AARP

- AARP Fraud Watch Network
- Scam searches/reporting
- Free support resources

Cybersecurity & Infrastructure Security Agency

- CISA Cybersecurity Awareness Program—Older American Resources
- Protect yourself, your family, and your devices with tips and resources from the <u>National Cyber</u>
 Security Alliance.
- Learn about the common fraud schemes aimed at older Americans from the <u>Federal Bureau of Investigation</u> (FBI).
- Avoid scams, protect your identity, and secure your computer with tips from the Federal Trade Commission's (FTC) OnGuard Online.
- File a complaint with the <u>Internet Crime Complaint Center</u> or your <u>State Attorney General's</u> <u>Office</u> if you are a victim of online crime.
- Federal Communications Commission's <u>Smartphone Security Checker</u> to secure your mobile phone. In addition, learn how to safely use public Wi-Fi networks and what steps to take if your phone is stolen.

Be sure to check out my book Catching the Catfishers and Scott Schober's book Senior Cyber!