

## Main Meal

Brookdale Jones Farm

Sunday, June 8, 2025

### Seasonal Starters

#### Soup of the Season

Garden Vegetable Soup

#### Salad of the Season

Sour Cream Cucumber Salad

### Seasonal Entrees

#### **Baked Catfish with Thyme, Garlic and Lemon**

Southern seasoned catfish fillet oven-baked and finished with lemon juice.

#### **Almond Crusted Chicken Tenders**

Oven baked chicken tenders coated with an almond crust.

#### **Turkey and Swiss Sandwich**

Sliced turkey served with Swiss cheese, tomato and lettuce on wheat bread.

#### Accompaniment

Parmesan Noodles

#### Also Available

### Seasonal Desserts

#### Ice Cream of the Month

Chocolate Ice Cream

#### Cookie of the Month

Chocolate Chip Cookie

#### Fruit

 Mixed Melons

 Optimum Life Cuisine is prepared with reduced sodium, fat and cholesterol.  
We invite you to share your comments with your Dining Leaders.



Brookdale Jones Farm

Sunday, June 8, 2025

### Featured Starters

#### Soup of the Day

Classic Split Pea Soup

#### Salad of the Day

Marinated Summer Slaw

### Featured Entrees

#### **Swiss Steak with Tomatoes**

Tender, lean cube steak oven baked with onions and tomatoes.

#### **Turkey Divan**


Sliced turkey breast and broccoli covered in a rich cream sauce.

#### **Chicken Schnitzel**

Breaded chicken breast sautéed and served with lemon caper sauce.

#### Vegetable

Buttered Carrots

Item can be prepared as an  Optimum Life Cuisine Option

 Steamed Broccoli

#### Accompaniments

 Roasted Italian Herb Potatoes

Pinto Beans

### Desserts

#### Feature

Chocolate Peanut  
Butter Pie

#### Feature

Lemon Mousse

#### Guiltless Pleasures

Reduced Sugar  
Coconut Cream Pie

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## Main Meal

Brookdale Jones Farm

Monday, June 9, 2025

### Seasonal Starters

#### Soup of the Season

Garden Vegetable Soup

#### Salad of the Season

Sour Cream Cucumber Salad

### Seasonal Entrees

#### **Baked Catfish with Thyme, Garlic and Lemon**

Southern seasoned catfish fillet oven-baked and finished with lemon juice.

#### **Almond Crusted Chicken Tenders**

Oven baked chicken tenders coated with an almond crust.

#### **Turkey and Swiss Sandwich**

Sliced turkey served with Swiss cheese, tomato and lettuce on wheat bread.

#### Accompaniment

Tri Color Mash

#### Also Available

### Seasonal Desserts


#### Ice Cream of the Month

Chocolate Ice Cream

#### Cookie of the Month

Chocolate Chip Cookie

#### Fruit

 Mandarin Oranges

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Brookdale Jones Farm

Monday, June 9, 2025

### Featured Starters

#### Soup of the Day

Creamy Onion Soup

#### Salad of the Day

Lemony Waldorf Salad

### Featured Entrees

#### **Chicken Florentine**

Chicken breast baked with spinach, mushrooms and a cream sauce.

#### **Country Style Meatloaf**


Classic ground beef and pork meatloaf, topped with ketchup.

#### **Honey Lime Whitefish**


Broiled whitefish marinated with honey and key lime juice.

#### Vegetable

Sauteed Spinach

Item can be prepared as an  Optimum Life Cuisine Option

Braised Yellow Squash

Item can be prepared as an  Optimum Life Cuisine Option

#### Accompaniments

Herb Seasoned Rice

Au Gratin Potatoes

### Desserts

#### Feature

Peach Cobbler

#### Feature

Brownies

#### Guiltless Pleasures

Reduced Sugar  
Chocolate Cream Pie

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## Main Meal

Brookdale Jones Farm

Tuesday, June 10, 2025

### Seasonal Starters

#### Soup of the Season

Garden Vegetable Soup

#### Salad of the Season

Sour Cream Cucumber Salad

### Seasonal Entrees

#### **Baked Catfish with Thyme, Garlic and Lemon**

Southern seasoned catfish fillet oven-baked and finished with lemon juice.

#### **Almond Crusted Chicken Tenders**

Oven baked chicken tenders coated with an almond crust.

#### **Turkey and Swiss Sandwich**

Sliced turkey served with Swiss cheese, tomato and lettuce on wheat bread.

#### Accompaniment

Boiled Potatoes

#### Also Available

### Seasonal Desserts

#### Ice Cream of the Month

Chocolate Ice Cream

#### Cookie of the Month

Chocolate Chip Cookie

#### Fruit

 Chilled Pears

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Brookdale Jones Farm

Tuesday, June 10, 2025

### Featured Starters

#### Soup of the Day

Roasted Chicken Soup

#### Salad of the Day

Mediterranean Salad

### Featured Entrees

#### **Veal Piccata**

Lean veal chop sauteed in olive oil and finished with a caper-wine sauce.

#### **Baked Rosemary Chicken**

Juicy, bone-in chicken quarters seasoned with rosemary and lemon.

#### **Tri-Tip Beef Roast**

Garlic marinated beef served with pan grilled tomatoes and onions.

#### Vegetable

 Steamed Zucchini

Baked Cauliflower

#### Accompaniments

Pasta of the Day

Item can be prepared as an  Optimum Life Cuisine Option

 Baked Potato

### Desserts

#### Feature

M & M Cookies

#### Feature

Peanut Butter Pie

#### Guiltless Pleasures

No Sugar Added  
Vanilla Ice Cream

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## Main Meal

Brookdale Jones Farm

Wednesday, June 11, 2025

### Seasonal Starters

#### Soup of the Season

Garden Vegetable Soup

#### Salad of the Season

Sour Cream Cucumber Salad

### Seasonal Entrees

#### **Baked Catfish with Thyme, Garlic and Lemon**

Southern seasoned catfish fillet oven-baked and finished with lemon juice.

#### **Almond Crusted Chicken Tenders**

Oven baked chicken tenders coated with an almond crust.

#### **Turkey and Swiss Sandwich**

Sliced turkey served with Swiss cheese, tomato and lettuce on wheat bread.

#### Accompaniment

Herb Seasoned Rice

#### Also Available

### Seasonal Desserts

#### Ice Cream of the Month

Chocolate Ice Cream

#### Cookie of the Month

Chocolate Chip Cookie

#### Fruit

 Chilled Peaches

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Brookdale Jones Farm

Wednesday, June 11, 2025

### Featured Starters

#### Soup of the Day

Creamy Tomato Basil Soup

#### Salad of the Day

Classic Pea Salad

### Featured Entrees

#### **Pork Chops with Roasted Apples and Onions**

Sauteed pork chops served with sweet roasted apples and onions.

#### **Cabbage with Sausage and Apples**

Slow cooked sausage, cabbage and apples.

#### **Chicken Adobo**

Bone-in chicken thighs simmered in a garlic soy sauce.

#### Vegetable

 Fresh Vegetable Blend

#### Accompaniments

Homestyle Potatoes

 Boiled Corn on the Cob

Northern Beans

### Desserts

#### Feature

Pecan Pie

#### Feature

Chocolate Cake with  
Fudge Frosting

#### Guiltless Pleasures

No Sugar Added Apple  
Pie

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Brookdale Jones Farm

Thursday, June 12, 2025

## Seasonal Starters

### Soup of the Season

Garden Vegetable Soup

### Salad of the Season

Sour Cream Cucumber Salad

## Seasonal Entrees

### Baked Catfish with Thyme, Garlic and Lemon

Southern seasoned catfish fillet oven-baked and finished with lemon juice.

### Almond Crusted Chicken Tenders

Oven baked chicken tenders coated with an almond crust.

### Turkey and Swiss Sandwich

Sliced turkey served with Swiss cheese, tomato and lettuce on wheat bread.

### Accompaniment

Navy Beans

### Also Available

## Seasonal Desserts


### Ice Cream of the Month

Chocolate Ice Cream

### Cookie of the Month

Chocolate Chip Cookie

### Fruit

 Pineapple Chunks

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Brookdale Jones Farm

Thursday, June 12, 2025

## Featured Starters

### Soup of the Day

Garden Vegetable Soup

### Salad of the Day

Vegetable Crudites with Cheese Plate

## Featured Entrees

### Baked Ham with Honey Apricot Glaze

Slow roasted ham topped with an orange apricot glaze and baked.

### Pecan Crusted Tilapia


Baked fish fillet with a crunchy parmesan pecan topping.

### French Onion Pork Chop

Baked pork chop with Swiss cheese topping and onion sauce.

### Vegetable

Lemon Butter Broccoli

Item can be prepared as an  Optimum Life Cuisine Option

Lyonnais Style Carrots

### Accompaniments

Macaroni and Cheese

Anna Potatoes

## Desserts

### Feature

Baked Apple Cobbler

### Feature

Lemon Chess Pie

### Guiltless Pleasures

Reduced Sugar French  
Vanilla Mousse

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## Main Meal

Brookdale Jones Farm

Friday, June 13, 2025

### Seasonal Starters

#### Soup of the Season

Garden Vegetable Soup

#### Salad of the Season

Sour Cream Cucumber Salad

### Seasonal Entrees

#### **Baked Catfish with Thyme, Garlic and Lemon**

Southern seasoned catfish fillet oven-baked and finished with lemon juice.

#### **Almond Crusted Chicken Tenders**

Oven baked chicken tenders coated with an almond crust.

#### **Turkey and Swiss Sandwich**

Sliced turkey served with Swiss cheese, tomato and lettuce on wheat bread.

#### Accompaniment

Barley Pilaf

#### Also Available

### Seasonal Desserts

#### Ice Cream of the Month


Chocolate Ice Cream

#### Cookie of the Month

Chocolate Chip Cookie

#### Fruit

Chilled Applesauce

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Brookdale Jones Farm

Friday, June 13, 2025

### Featured Starters

#### Soup of the Day

Loaded Baked Potato Soup

#### Salad of the Day

Beet and Apple Salad

### Featured Entrees

#### **Fried Shrimp**

Breaded shrimp flash fried until light golden brown.

#### **Beef Burgundy**

Tender beef with mushrooms, onion and carrots served in a wine sauce.

#### **Grilled Perch**

Grilled perch fillet seasoned with oregano and a splash of lemon juice.

#### Vegetable


Zesty Stewed Tomatoes

#### Accompaniments

Garlic Whipped Potatoes

Sauteed Sugar Snap Peas

White Rice

Item can be prepared as an  Optimum Life Cuisine Option

### Desserts

#### Feature

Chocolate Frosted  
Layer Cake

#### Feature

Apricot Tapioca Parfait

#### Guiltless Pleasures

Sugar Free Chocolate  
Chip Pumpkin Bars

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## Main Meal

Brookdale Jones Farm

Saturday, June 14, 2025

### Seasonal Starters

#### Soup of the Season

Garden Vegetable Soup

#### Salad of the Season

Sour Cream Cucumber Salad

### Seasonal Entrees

#### **Baked Catfish with Thyme, Garlic and Lemon**

Southern seasoned catfish fillet oven-baked and finished with lemon juice.

#### **Almond Crusted Chicken Tenders**

Oven baked chicken tenders coated with an almond crust.

#### **Turkey and Swiss Sandwich**

Sliced turkey served with Swiss cheese, tomato and lettuce on wheat bread.

#### Accompaniment

Potatoes Romanoff

#### Also Available

### Seasonal Desserts

#### Ice Cream of the Month

Chocolate Ice Cream

#### Cookie of the Month

Chocolate Chip Cookie

#### Fruit

 Fresh Fruit Cup

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Brookdale Jones Farm

Saturday, June 14, 2025

### Featured Starters

#### Soup of the Day

Turkey Rice Soup

#### Salad of the Day

Garbanzo Salad

### Featured Entrees

#### **Pork Loin with Orange Marmalade Demi Glace Sauce**

Tender roasted pork with an orange marmalade demi glace sauce.

#### **Turkey Scallopini**

Sauteed turkey breast pieces served with a marsala based sauce.


#### **Seasoned Lamb Patties**

Ground lamb patties lightly seasoned then oven baked.

#### Vegetable


Roasted Brussels Sprouts

#### Accompaniments

 Roasted Rosemary Potatoes

Buttered Beets

Orzo Pilaf

Item can be prepared as an  Optimum Life Cuisine Option

### Desserts

#### Feature

Cherry Pie

#### Feature

Carrot Cake

#### Guiltless Pleasures

No Sugar Added  
Oatmeal Raisin Cookie

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